

What's in your medicine cabinet?

Prescription drug abuse
among teens
is on the rise.
Being informed
is your best
defense.



Tips for Parents:

- Safeguard all drugs at home
- Set clear rules for teens about ALL drug use, including not sharing medication and following the medical provider's advice and dosages
- Be a good role model and follow the same rules with your medication
- Know the signs and symptoms of abuse
- Properly conceal and dispose of old or unused medications. For dates and locations of pharmaceutical waste collection sites located near you, visit www.monroecounty.gov/hhw.



National Council on Alcoholism
and Drug Dependence –
Rochester Area

To learn more
or to schedule
a presentation,
contact **NCADD-RA**
at **(585) 719-3489**.

Visit our Web site at www.ncadd-ra.org